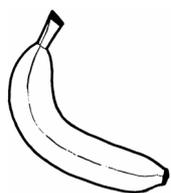




Bolachinhas de aveia, cenoura e ameixa - a partir dos 12 meses

vamos precisar de:



2 bananas maduras



1 cenoura ralada



4 ameixas picadas

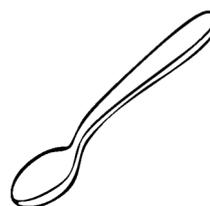
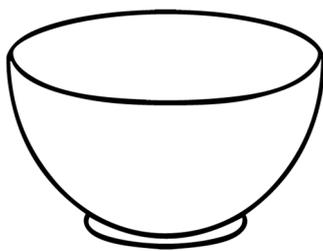


2 chávenas aveia



1 fio azeite

Mistura todos os ingredientes...

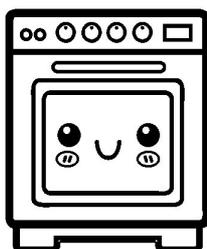


(mexer bem com a colher)

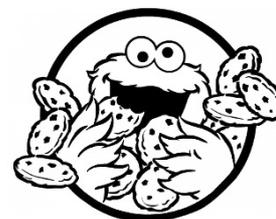
Mãos na massa!



(fazer as bolachinhas e colocar num tabuleiro)



(8 a 10 minutos, a 180°)



(vamos provar!)